

**Amaze Active Health - Staff Protocols
Covid-19 Precautions
July 2020**

Self assessment for the therapist is required every day to monitor any symptoms. If the therapist has any symptoms of fever or respiratory conditions, she will stay home.

Common symptoms include

- fever
- dry cough
- tiredness

Less common symptoms

- aches & pains
- sore throat
- diarrhoea
- conjunctivitis
- headache
- loss of taste or smell
- a rash on skin, discolouration of fingers or toes

Protocols for Appointment

1. **ONLINE SURVEY:** COVID questionnaire to be administered to client via email prior to the visit. This will be an automated survey for the client to fill in through Jane.
2. **THERAPIST'S HIGH TOUCH SURFACES:** High touch surfaces of the therapists car and/or bicycle will be cleaned and disinfected daily. Prior to entering the client's home, therapist will sanitize their hands with 70% ETOH hand sanitizer for 20 seconds. All areas of the hands and lower forearms will be sanitized prior to and after putting on her medical grade mask. Therapist will arrive at the door with mask on, hands and lower arm sanitized and will not bring any shared equipment into the home. She will only bring one piece of paper and a pen into the home.
3. **IN-PERSON QUESTIONS:** The COVID questions will also be asked at the door at the time of the appointment. All members of the household will be asked these questions and if any of the answers are positive, the appointment will be cancelled.
4. **UPON ENTERING THE HOME:** Therapist will wash their hands using soap and a clean towel or paper towels provided by the client. The hand towel will be either placed directly into the laundry machine or laundry basket or the paper towels will be placed directly into the garbage without any other surfaces being touched.
5. **DURING THE APPOINTMENT:** Therapist will only touch what is absolutely necessary to touch and will not be using any shared equipment. As needed, as always, therapist will touch the client only to ensure safety and otherwise will maintain a 2m distance between herself and the client as much as possible. Therapist will not touch her face nor remove her mask for any reason during the appointment.
6. **AFTER THE APPOINTMENT:** Therapist will repeat the hand washing procedure prior to leaving the home and will ask a family member to open the door for her to leave.

OTHER RELEVANT INFORMATION

COVID questions:

Do you have any symptoms of fever, shortness of breath, coughing, sore throat, runny nose or loss of sense of smell?

Our cancellation policy will lighten so that clients can cancel prior to our arrival or even when we are at the door without penalty. Informed consent with precautions taken needed for Covid. If the client or any one in the household is uncomfortable with the precautions, they have the right to refuse treatment without penalty. If the client is coughing when we arrive at the house, we must ask them to put on a mask immediately or cancel the appointment.

Clients are not mandated to wear a mask, it is their preference. Using a mask would be for droplet precautions in case they were asymptomatic carriers and coughed, sneezed or 'spoke moistly'. Client may wear a cloth mask, it does not have to be a medical grade mask.

If you have any questions or concerns about any of these protocols please contact us directly to discuss.

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